

There are **15** Life Ring stations located around the Shuswap!



To aid a person in distress, establish voice contact and ask others to call 9-1-1.

Stand on or secure the end of the life ring's rope in some manner. Aim the life ring beyond the person, to be pulled into their grasp. With an under-arm throw, swing it back, then forward and release. Instruct the person to grab and hold onto the life ring. Give verbal assurance, and pull them to safety.

- 1 Sicamous Beach Park — North Sicamous
- 2 Sicamous Beach Park — South Sicamous
- 3 Tuey Park — West Enderby
- 4 Tuey Park — East Enderby
- 5 Sunnybrae Community Park Sunnybrae
- 6 Hugh Road Community Park White Lake
- 7 Shannon Beach Eagle Bay
- 8 Rocky Point Road Community Park Reedman Point
- 9 Pebble Beach Blind Bay
- 10 Gillespie Road Community Park Sorrento
- 11 Shuswap Marina Blind Bay
- 12 13 Shuswap Shark Shack Cinnemousun Narrows
- 14 15 Sea Store Cinnemousun Narrows

